

## Pet Assessment

The therapy program is tailored to each pet. Specific treatments are determined only after an initial evaluation of the pet has been performed and short and long term goals are defined. All precautions are determined prior to beginning therapy through discussions with your veterinarian.

VRO provides the most effective physical rehabilitation using state-of-the-art equipment and techniques under the supervision of highly skilled personnel. Treatment choices vary based on the diagnosed condition, complicating factors, and the level of function desired.

## Helping You Help Your Pet

Physical rehabilitation is just a part of the recovery process. Successful recovery takes time and your involvement. We encourage owners to take an active role in their pet's rehabilitation. Our staff will educate you so that you can facilitate your pet's recovery at home. Home-based exercise plans are outlined and reviewed as part of our care.



## Our Staff

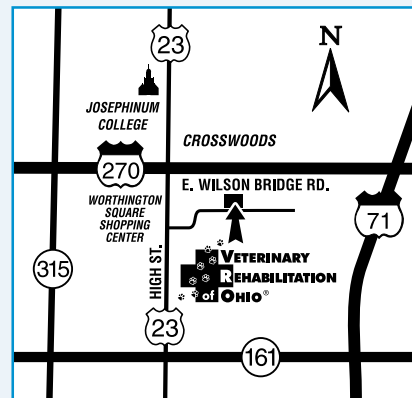
VRO patients are cared for by veterinary and health care professionals who have undergone the most advanced veterinary rehabilitation training available. We maintain consistent communication with your referring veterinarian to ensure the best possible outcome for your pet. Most importantly, we are compassionate pet owners ourselves and would want our companions treated in the same fashion.

## New Patient Policy

Our facility operates on a referral basis only. All patients must be under the care of a licensed veterinarian. VRO partners with your veterinarian to provide the most appropriate care for your recovering pet.



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Giving your pet  
the best chance for a safe,  
speedy and full recovery

## Why Physical Rehabilitation for Your Pet?

Physical rehabilitation plays an important role in veterinary patients recovering from bone, joint, and muscular injuries, neurologic disorders, and surgery. Our goal is to assist veterinarians and owners in increasing mobility, managing pain, improving strength, and enhancing the quality of life of veterinary patients.

## Goals for Your Pet's Recovery

- ▶ Reduce pain and speed healing of injured neurological and musculoskeletal tissues.
- ▶ Restore range of motion in joints.
- ▶ Prevent muscle loss during recovery.
- ▶ Improve strength and function of weak or paralyzed limbs while preventing contracture of affected muscles.
- ▶ Maximize postoperative recovery and return your pet to its pre-injury activities and capabilities.
- ▶ Improve mental well-being of pets by providing comfort and quality exercise during the recovery period.
- ▶ Provide therapy and home-care guidelines for healthy pets in need of conditioning and weight loss.

## Candidates for Rehabilitation

Many conditions respond well to rehabilitative therapy including:

### Orthopedic Cases

Postoperative cranial cruciate, hip, patella luxation, fracture repair, arthritis, elbow and hip dysplasias, joint replacement, tendon and ligament injuries, muscle and joint injuries.

### Neurological Cases

Postoperative disk, vertebral fracture, or spinal tumor repair, degenerative spinal cord conditions, neuropathies, spinal trauma, weakness.

### Medical Cases

Muscle wasting, weight loss treatment, vascular disorders.

### Health and Wellness

Obesity, geriatric support, athletic conditioning.



## Rehabilitation Treatment Options and Services Available

### Aquatic Treadmill Therapy

- Low impact on joints allows for early intervention and greater comfort.
- Water provides resistance throughout entire range of motion of limbs.
- Improves strength, endurance, muscle re-education, and coordination.
- Buoyancy provides extra support.
- Warm water improves circulation.

### Passive Range of Motion and Stretching

- Improves joint mobility.
- Enhances muscle and tendon flexibility.
- Limits joint rigidity caused by disuse.

### Heat Therapy

- Improves local circulation, edema resolution, and muscle flexibility.
- Provides comfort.

### Cryo (cold) Therapy

- Reduces pain, swelling, and inflammation.